

CAPE TO CAPE SCENIC DRIVING TOUR (SOUTH TO NORTH) SAMPLE ITINERARY

DAY 1: VIRGINIA BEACH, VA TO CAPE CHARLES, VA

False Cape State Park

4001 Sandpiper Drive, Virginia Beach, VA

Start: Begin at False Cape State Park, a secluded natural escape with hiking, biking, and kayak trails.

Old Cape Henry Lighthouse

583 Atlantic Avenue, Fort Story, VA

Drive Time: 30 minutes north via Sandpiper Drive and Shore Drive.

One of America's oldest lighthouses (1792), offering spectacular coastal views.

First Landing State Park

2500 Shore Drive, Virginia Beach, VA

Drive Time: 15 minutes west on Shore Drive.

Historic site of the first English settlers in 1607; enjoy trails and Chesapeake Bay beaches.

Kiptopeke State Park

3540 Kiptopeke Drive, Cape Charles, VA

Drive Time: 45 minutes north via US-13 N across the Chesapeake Bay Bridge-Tunnel.

A coastal park known for birdwatching, hiking, and scenic fishing piers.

Eastern Shore Railway Museum

18468 Dunne Avenue, Parksley, VA

Drive Time: 1 hour north via US-13 N.

Features historic railcars, artifacts, and a glimpse into the Eastern Shore's railroad past.

Stay Overnight: Cape Charles, VA

DAY 2: CAPE CHARLES, VA TO CHINCOTEAGUE, VA

Museum of Chincoteague Island

7125 Maddox Boulevard, Chincoteague, VA

Drive Time: 1 hour north via US-13 N and Route 175 E.

Assateague Lighthouse

8231 Beach Road, Chincoteague, VA

Drive Time: 5 minutes east on Beach Road.

Chincoteague National Wildlife Refuge

8231 Beach Road, Chincoteague, VA

Drive Time: N/A (same location).

Stay Overnight: Chincoteague, VA

DAY 3: CHINCOTEAGUE, VA TO OCEAN CITY, MD

Pocomoke State Forest

Pocomoke City, MD

Drive Time: 30 minutes north via Route 113 N.

Town of Snow Hill, MD

Snow Hill, MD

Drive Time: 15 minutes north via Route 113 N.

Town of Berlin, MD

Berlin, MD

Drive Time: 25 minutes north via Route 113 N and Route 376 W.

Assateague Island National Seashore

7206 National Seashore Lane, Berlin, MD

Drive Time: 20 minutes east.

Ocean City Boardwalk

4001 Coastal Highway, Ocean City, MD

Drive Time: 25 minutes north via Coastal Hwy (MD-528 N).

Stay Overnight: Ocean City, MD or Berlin, MD

DAY 4: OCEAN CITY, MD TO REHOBOTH BEACH, DE

Fenwick Island Lighthouse

103 146th Street, Ocean City, MD

Drive Time: 15 minutes north on Coastal Highway (Route 1 N).

Bethany Beach Totem Pole

214 DE-26, Bethany Beach, DE

Drive Time: 10 minutes south on Route 1, then west on DE-26.

Indian River Life-Saving Station Museum

25039 Coastal Hwy, Rehoboth Beach, DE

Drive Time: 20 minutes north via Coastal Highway.

Rehoboth Beach Boardwalk

Rehoboth Ave & Atlantic Ocean, Rehoboth Beach, DE

Drive Time: 15 minutes north via Route 1.

Stay Overnight: Rehoboth Beach, DE

DAY 5: REHOBOTH BEACH, DE TO CAPE MAY, NJ

Fort Miles Museum & Historic Area

Cape Henlopen State Park, Lewes, DE

Drive Time: 20 minutes south via Route 1 and Cape Henlopen Drive.

Delaware Breakwater East End & Harbor of Refuge Lighthouses

Cape Henlopen State Park, Lewes, DE

Drive Time: 5 minutes within Cape Henlopen Park.

Town of Lewes, DE Lewes, DE

Drive Time: 10 minutes from Cape Henlopen

Founded in 1631, Lewes was the site of the first European settlement in Delaware. This gorgeous, walkable town's historical society offers walking tours and maintains a wonderful local history museum. Don't miss the Zwaanendael Museum while you're there, too.

Cape May-Lewes Ferry

1200 Lincoln Avenue, Lewes, DE

Drive Time: 10 minutes west via Cape Henlopen Drive.

Ferry Ride: 85 minutes across Delaware Bay to Cape May, NJ.

DAY 6: CAPE MAY, NJ TOUR

Historic Cape May

Exit 0 on Garden State Parkway, Cape May, NJ

Drive Time: 5 minutes from the ferry terminal.

Cape May Bird Observatory

701 E. Lake Drive, Cape May Point, NJ

Drive Time: 10 minutes west via Route 9 and Lake Drive.

Cape May County Park & Zoo

707 US 9 - North, Cape May Court House, NJ

Drive Time: 15 minutes north via Route 9.

Stay Overnight: Cape May, NJ